



Friends of TREAD

in partnership with TREAD India Trust

giving hope and a new future to needy Indian children

Summer News 2018

Charity Reg. No. 1081400

TREAD2India Update by Alex Grant

<https://4858milesfortread2india.wordpress.com> <https://mydonate.bt.com/events/tread2india>



The Halfway Point:

26 weeks, 1383.72 miles completed and I can honestly say that this challenge is a struggle. Starting so simply, “just 19 miles a week” Andy said, was probably naïve. Never in our wildest dreams did we think it would be as hard as it has turned out. Of the 26 weeks, the weekly miles have been run by all 5 of us only 7 times. Injuries have been the single biggest cause, from Iliotibial bands to calf tears, they have sabotaged the entire challenge. Although there are still some minor niggles we should be back to full fitness very soon. Once you put the doom and gloom behind you there have been some amazing achievements. We have now had a number of 30+ mile weeks and two runners have completed more

than 100 miles in a month. In addition to this we have run some incredible races this year so far such as Paris and London marathons and Hastings and Eastbourne Half marathons with the Bristol half marathon coming up in September. We are looking to the future and the aim for the team is to complete at least 30 miles per person, every week. This will see us comfortably finish the task with miles to spare. I am sure that we will also be adding to the medal haul. Please go to our MyDonate page as above if you would like to support us.

Grace Tailoring Centre Story *by Vasanth, TREAD Director*

“**Sukanti Pondi** came from a very poor family as a trainee at Grace Tailoring Centre and has two sons aged 8 and 3. Her life has been a very sad one. Her husband is a 4-wheeler vehicle driver. Podia is a very remote, undeveloped underprivileged village and Sukanti’s husband couldn’t get regular employment to keep the family and children and as they don’t have any cultivation land in the village they depended on driving or daily labour. Her husband was the only bread winner so he went to another village for employment where he stayed on and married another woman so for the last three years Sukanti has struggled to exist with her children. Sukanti didn’t know how to provide for her children and build their future. But by the grace of God she was offered a place at Grace Tailoring. Her elder son was registered in Project 200+ at Sarah Child Development Centre. Now Sukanti is learning a trade at Grace to be a self supporting woman. She is so thankful to TREAD and FOT UK for this opportunity to give her a skill for life and build a better future for herself and children”



82 years !!!

Six young people, who have collectively been sponsored for 82 years, have just written their final letters to their sponsors. Sadly the originals have yet again been lost in the post but thankfully we have been emailed some photocopies. We suffer similar problems with our regularly delayed international bank transfers highlighting the ongoing difficulties we experience in communicating with India. Five young men including one severely disabled by polio are proud to be employed and financially independent. The uncle of the one young woman has taken responsibility for the final year of her engineering studies. We are delighted to have followed their progress and development in the care of TREAD over the years and wish them all well for their futures and thank our faithful sponsors for making such a difference to their lives.

Bags for TDCC!

Trinity Day Centre children have returned to school after summer hols. TDCC was delighted to receive a smart satchel and stationery for each child as a gift from the CHHASE organisation.



St Leonards Annual Afternoon Tea

From 2pm Bank Holiday Monday 27th August

Check our website for updates!

Colin and Mandy 01424 853697 for info

Project 200+ News and Updates

The three ex Compassion aided day care centres are now running as TREAD Project 200+. TREAD selected 200 of the poorest children from the 675 remaining when Compassion were forced to pull out of India. To date we have 44 people donating, which is providing about a third of the need topped up with one off donations. We need more sponsors for the **£20 a month** per child but **any amount** is welcome. We currently have enough money to provide the basic level of care only until the end of 2018. The families endure lives of grinding poverty. Our director **Vasanth** brings us stories, such as the ones below in his own words, of illness, death, marriage break up, alcohol misuse, education ceasing and hunger. **Project 200+ brings a ray of light and the stories illustrate the difference it is making. More information can be found on our website. www.friendsoftread.org**

“TENTU RAJIB age 7 and RAJIA age 5 are brother and sister from a very poor Christian family in Girkampalli community. Their family of 5 have no proper house to stay. Rajib’s Father is a daily laborer and he went to Chennai for labor work. Once in two months he use to come to meet with his family. Now mother is also going for labor work to endure the family as well as to support her three children’s education. It’s a big trial for her to provide food and clothing to the family. She has many dreams for her kids but no hope. He is unable to support their family economically. She goes for daily labor and depends on forest products. Now they attend the David Centre every day and participate in all the project activities. They are good in learning action songs and playing group games with their friends. Both children are getting nutritious food from the centre and learning good hygiene practices. The children and parents are very thankful to TREAD & FOT, and sponsors for the valuable support given through Project 200+”



“SOULAM JANAKI is 14 and her father died of TB in 2015. Her brother Banti is 10 and sister Rinki 7. They came from very needy & poor tribal family who collect forests products to maintain the family all year. Their earnings are insufficient to maintain the family who have been facing many difficulties for food & clothing. When Compassion project closed Janaki thought she lost everything. and decided to stop her school study. But by the Grace of Almighty God she & brother got opportunity in Project 200+ Hannah Centre. Now both attend regularly and are learning new activities, with sufficient nutritious food and good education from project. Now Janaki is studying in 8th standard at local Govt. school. She and her family thankful to GOD for this wonderful opportunity through TREAD and FOT.”

How You Can Help

Whenever you buy anything online, you could be collecting free donations for Friends of TREAD!

- There are over 3,000 shops and sites on board ready to make a donation, including Amazon, John Lewis, Aviva, Thetrainline and Sainsbury's – it doesn't cost you a penny extra!

1. Head to <https://www.easyfundraising.org.uk/causes/tread/> and join for free.
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
3. After you've checked out, that retailer will make a donation to your good cause for no extra cost whatsoever!

There are no catches or hidden charges and Friends of TREAD will be really grateful for your donations.

- [Pass on this newsletter to other people—more copies are available or can be found on our website](#)
- If you're feeling active, how about getting your friends, family and colleagues to sponsor you for Friends of TREAD? FOT is registered with BT My Donate and Virgin Moneygiving to make this easy for you—details on our website.
- [Maybe you belong to a club or group—would they hold a coffee morning/auction/other event for Friends of TREAD?](#)

Thank you all for your continued support and please help us to spread the word—these children and their families need our help and are so grateful to you all.

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Project 200+ Kids Club



Despite all the hardships endured with the lack of finance for the project, it is still operating well and they recently organised a successful Summer Kids Club in their local town Podia



New Data Protection Regs

If you haven't yet signed up under the new Data Protection Regs to continue receiving news from us either get in touch by email treaduk@hotmail.com or go to our website

We can then send info such as this newsletter to you directly.